

ST. CLARE OCTOBER 2018

(All meals are subject to
change)

Monday	Tuesday	Wednesday	Thursday	Friday
1 Yogurt Mini French Toast Gold Rush Juice Strawberries Tri Potato	2 Chicken Patty Bun Baked Beans apple sauce Baked chips	3 Ham with American cheese bun Celery and cucumber(3 each) Smile Fry Pineapples	4 Turkey & Gravy Whipped potatoes sliced bread Apple Graham crackers	5 Spaghetti and Meat Sauce Bread stick Romaine salad Diced Pears Frozen fruit smoothies
8 Hamburger Bun Diced Peaches Broccoli Buds Dill Dip	9 French bread pepperoni pizza Salad Blend Banana Brownie	10 Lasagna Carrot coins French bread Mix fruit Bear Graham cracker	11 Chicken vegetable soup String cheese Mandarin oranges Gold fish crackers Jicama	12 Corn dogs Mac and cheese Corn (1/2) watermelon Apple Bar
15 Hot Dog Hot Dog bun Tri Tater Green Bean Tropical fruit	16 Beef Nachos taco meat tortilla chips cheese/salsa/lettuce Corn pineapple chocolate chip cookie	17 Chicken Tenders Cole slaw Smile Fry Watermelon bread slice	18 meatballs and gravy whipped potatoes dinner roll cranberry sauce M&M Cookie Bar	19 sloppy Joe Bun Salad Blend (1 cup) Apple Grape juice
22 Chicken Nuggets Baked Chips Dill Dip Celery stick & Carrots Apple sauce	23 Pizza Burger Bun Golden fruit salad Green Beans(1/2) Cherry Raisins	24 Pancake Sausage Bits Hash brown Patty Gold Rush Veg Juice Warmed Spice Peaches	25 Chili soup Gold fish crackers America cheese corn Banana	26 No School
29 Brat bun baked Beans Mac and cheese Apple juice	30 Scramble Egg Apple slices with cinnamon Gold Rush Juice mini pancakes Hash brown	31 Pizza casserole Romaine salad Jell-O fruit Fall cookie		

--	--	--	--	--